

	Monday	Tuesday	Wednesday	Thursday	Friday
	<i>80min. blocks</i>	<i>80min. blocks</i>	<i>60min. blocks</i>	<i>80min. blocks</i>	<i>80min. blocks</i>
POWERHOUR			7:30am-8:30am		
Block 1	8:00-9:20am	8:00-9:20am	9:00-10:00am	8:00-9:20am	8:00-9:20am
COUGARCONNECT	9:25-9:50am	9:25-9:50am	10:05-10:50am	9:25-9:50am	9:25-9:50am
Block 2	9:55-11:15am	9:55-11:15am	10:55-11:55am	9:55-11:15am	9:55-11:15am
Lunch 1	11:15-11:40am	11:15-11:40am	11:55-12:20pm	11:15-11:40am	11:15-11:40am
Block 3B	11:45-1:05pm	11:45-1:05pm	12:25-1:25pm	11:45-1:05pm	11:45-1:05pm
Block 3A	11:20-12:40pm	11:20-12:40pm	12:00-1:00pm	11:20-12:40pm	11:20-12:40pm
Lunch 2	12:40-1:05pm	12:40-1:05pm	1:00-1:25pm	12:40-1:05pm	12:40-1:05pm
Block 4	1:10-2:30pm	1:10-2:30pm	1:30-2:30pm	1:10-2:30pm	1:10-2:30pm

PowerHour: 1st, 3rd, 5th Wednesday of the month = Faculty/Staff Devotion and Mtgs.
 2nd, 4th Wednesday of the month = Student Group Mtgs. (StuCo, NHS, KeyClub, etc.)

CougarConnect:

Monday -	All School Devotion	Commons	(9:25-9:40)
	Breaktime		(9:40-9:50)
Tuesday -	Seminar		(9:25-9:50)
Wednesday -	Chapel	Commons	(10:05-10:40)
	Breaktime		(10:40-10:50)
Thursday -	Seminar		(9:25-9:50)
Friday -	Oikos, All School Devotion		(9:25-9:40)
	Mansions, or All school assembly		
	Breaktime		(9:40-9:50)

CougarConnect is a block held between 1 & 2 designated specifically to nurture **spiritual, academic, and personal growth**, connecting students with God, one another, and their studies. CougarConnect nurtures **spiritual growth** by providing time for worship and prayer. **Academic growth** is nurtured by dedicating time for students to meet with teachers, collaborate, make-up classwork, and receive tutoring. **Personal growth** will be nurtured in students as they learn to manage their time during Seminar and BreakTime. This time could be spent socializing, meeting with groups/clubs, working on homework, reading, or simply spending a few minutes on the patio or walking the track.

Benefits of the CougarConnect Schedule:

- + A variety of times throughout the week dedicated to spiritual growth. Each week generally starts and ends with a time gathered around God's Word and in prayer.
- + Respect for Instructional Time: With CougarConnect, missed class time is reduced by providing margin for lengthy chapels, devotion overages, and ancillary activities such as college signings and other unplanned events. This intentionality is intended to increase net class time over the entire year when compared to the previous schedule.
- + Provides two, 25 min. meeting times, Tuesday and Thursday, instead of one as was the case in 25-26.
- + Consistent bell schedules 4 out of 5 days
- + No less than two PD times before school for 1 hour each per month. This is in addition to one full PD day per month.
- + Reduces lunches from three to two increasing student interaction and eliminating split classes which actually adds to overall instructional time.
- + Dismissal time at 2:30pm. Although 5 min later, it still generally preserves the 4th block for frequent early dismissal.
- + Students get a break no less than four out of five days providing time to socialize, snack, go outside, collaborate, etc. This benefits mental health, social skill development, and time management practice.
- + The placement of breaks provides a "cushion" should Chapel, devotions, or assemblies run over. It also respects block 2 academic time.
- + College signings, guidance meetings, class meetings, group photos, etc. will be scheduled for Tuesdays and Thursdays during Seminar. This will reduce missed class time for these events.
- + Academic Recovery meets during Tuesday and Thursdays during Seminar.

Core Value Alignment:**Academic and Spiritual Growth:**

- Instructional time protected from event overages.
- More frequent Professional Development for faculty/staff.
- Allows for greater flexibility to meet the spiritual and social needs of students.
- Reduce student removal from class for meetings, signings, photo opps., etc.

Authentic Relationships:

- Increases duration and frequency for social interactions - Increase from one to five "free times" a week and reducing from three to two lunches means more people at lunch to interact with.
- Increased discretionary minutes provides greater opportunity for student-teacher and student-student interactions.

Character and Purpose:

- Preserves Oikos and Mansion structures.
- Opportunity for students to more frequently practice time management during Breaktime and Seminar.
- Greater opportunity for clubs and organizations to meet.

Servant Leadership:

- Peer tutoring during the day.
- Time built in for take down/set-up Commons by assigned classes.

CougarConnect Definitions and Expectations:

All School Devotions: Block 1 classes will go to the Commons following block 1 and sit in an assigned section. Each block 1 teacher will sit with their class. Students leave all materials in Block 1 and retrieve them following All School Devotions.

Breaktime and Seminar: Students are allowed to be in the following spaces: supervised classrooms, lobbies, hallways, outside patio, track and field, Commons (when not being used for meetings), Student Services, and ASC. The gym is closed during this time.

Chapel: Block 1 classes will go to the Commons following block 1 and sit in an assigned section. Each block 1 teacher will sit with their class. Students leave all materials in Block 1 and retrieve them following Chapel.

Friday CougarConnect: This time will be dedicated to either Oikos, All School Devotion, Mansion meetings, or school assemblies. This will be announced at the beginning of each week and posted on Canvas.