

Empowered  
by *Christ*  
Enriching  
our *Future*

# LUTHERAN HIGH SCHOOL *Campaign News*

FEBRUARY 9, 2025

*In conjunction with National Lutheran Schools Week, FSC provided free lunch for students, faculty and staff during the last week of January, giving the LHS community a "taste" of what's to come.*



***Teenagers highly value two things: food and friends. A healthy diet lays the foundation for lifelong well-being! Good nutrition is crucial for high school students because it directly affects their brain development, energy levels, focus and mental health, all vital for academic success.***

The LHS catering kitchen, one of the projects of our upcoming *Empowered By Christ: Enriching Our Future* capital campaign, will support our students in both of these areas. Students will be able to select from several options of hot food, cold sandwiches, salads and grab-and-go options; then walk right across the hall to enjoy some essential social time with friends as they eat. The kitchen will be installed in the current storage space near the Commons. Meals will be prepared and provided by Food Service Consultants (FSC), a St. Louis area catering company that provides healthy meals for over 70 schools in the St. Louis area. We are excited about this important addition to our building!



We deeply value your support, and while we are not asking for campaign contributions at this time, detailed information will be sent to each household during March and April.