

Lutheran High Coaches & Directors 2020 - 21

Cross Country - Head Coach – Elizabeth Freund - freund@lhssc.org and (636) 236-2701

Cheer - Cheer - Brooke Schulte - coachschulte.lhs@gmail.com and (636) 544-4626

Dance - Alexandra Milakis - amilakisLHS@gmail.com and (636) 699-9765

Football - Head Coach - Arlen Harris - lutherancougarfb@gmail.com and (636) 614-9422

Girls Golf - Mike Holtmeier - mholtmeier@lhssc.org and (636) 541-9567

Girls Softball - Jon Bernhardt - jbernhardt@lhssc.org and (636) 237-3465

Girls Volleyball - Rachel Verseemann - Rachel.Verseemann@fhdschools.org and (314) 496-4348

Girls Tennis - Jonathan Douglas - jonathan.douglas.026@gmail.com and (314) 596-7000

Boys Soccer – Mike Wilhite – mwilhite7@gmail.com and (636) 219-2588

Boys Swimming - Sue Hancock - sue.22@att.net and (314) 324-2485

Boys Basketball – Doug Coleman - LutheranCougarBBB@gmail.com and (314) 599-6021

Girls Basketball- Erin Luttschwager - pauk33@hotmail.com and (314) 322-4009

Boys Wrestling – Shane Clark – clark.shane@sbcglobal.net and (314) 210-2358

Girls Wrestling - Shane Clark – clark.shane@sbcglobal.net and (314) 210-2358

Girls Swimming - Sue Hancock - sue.22@att.net and (314) 324-2485

Baseball – Andrew Lueck - andywl17@yahoo.com and (636) 399-6002

Girls Soccer – Mike Wilhite – mwilhite7@gmail.com and (636) 219-2588

Boys Volleyball - Greg Franklin - gfranklin.alcs@yahoo.com and (314) 660-2030

Boys Golf – Mike Holtmeier – mholtmeier@lhssc.org and (636) 541-9567

Boys Tennis – Jonathan Douglas - jonathan.douglas.026@gmail.com and (314) 596-7000

Boys and Girls Track & Field – Head Coach - Brandon Tripp - lhsscoachtripp@gmail.com and (314) 593-8102

Pep Band - Ben Parviz - parviz@lhssc.org and (314) 580-1089

Theatre - Laura Enstall - lhstheatre@lhssc.org and (314) 616-5441

Scholar Bowl – Mike Flandermeyer – mflandermeyer@lhssc.org and (636) 485-2859

Robotics - Dave Zilz - Dave.Zilz@stem2u.org and (636) 875-0969