

LHS Basketball Practice Schedule January 6 - 11

Jan. 6 **Monday - early dismissal**

12:30 - 2:00pm Girls C/JV
12:30 - 2:30pm Girls Varsity
1:00 - 4:00pm Boys Varsity
2:30 - 4:00pm Boys Freshmen/JV

Jan. 7 **Tuesday - Home Wrestling Meet**

6:15 - 7:30am Boys Freshmen/JV
3:00 - 4:30pm Girls C/JV/Varsity
3:00 - 6:00pm Boys Varsity

Rec Plex
Rec Plex (3:00 - 4:30pm)

Jan. 8 **Wednesday**

6:15 - 7:30am Boys Freshmen
3:00 - 4:30pm Girls C/JV
3:30 - 5:00pm Girls Varsity
5:45pm Boys JV v. Valley Park
7:15pm Boys Varsity v. Valley Park

Jan. 9 **Thursday**

3:00 - 4:00pm Girls JV/V
4:30pm Boys F v. St. Louis Blue Knights
5:45pm Boys JV v. St. Louis Blue Knights
5:00 - 8:30pm Boys Varsity

Jan. 10 **Friday**

3:00 - 4:30pm Boys Freshmen
4:30pm Boys JV v Orchard Farm
4:30pm Girls JV v Orchard Farm
6:00pm Girls V v Orchard Farm
7:30pm Boys V v Orchard Farm

Jan. 11 **Saturday**

8:00 - 10:00am Girls C/ JV/Varsity
10:00 - 1:00pm Boys Varsity