

Sapphire's Cheer Classic

The role of a cheerleading squad is to be a support group for the school's interscholastic program. The squad should strive to boost school spirit, promote good sportsmanship, and develop positive crowd involvement!

- Head Coach – Alexandra Milakis – amilakisLHS@gmail.com
- Assistant Coach – Hannah Chowning – hchowning27@gmail.com

Date: Saturday, February 16th, 2019

Time: 3:00pm

Location: Lutheran St. Charles Gym

Facility

- All competitions are performed in the Lutheran High School gymnasium and a practice floor in the commons, both on a matted surface.

Athletic Trainer

- The competition will have athletic trainer on duty during the competition. They will be on duty in the event of injury or illness to any participant. Please provide your own spotters for routines.

Registration

- Teams can register online: <https://lutheranhighstcharles.com/athletics/teams/spirit-squad/>

Entry Fee

- \$25 per category ~ Checks payable to Lutheran High School.
- **Payment Deadline is February 9th, 2019.**

Competition Times

- Competition will begin promptly at 3:00 pm, with doors opening at 1, practice/walk-throughs at 2 pm.

Admission

- Cost is \$5 for adults and \$2 for students, 62+ are free. Seating is first-come, first-served.

Judges

- The judging panel will consist of three NCA judges.

Music

- Each team is required to bring two platforms of music, iPod, iPhone, iPad, etc. and must follow the MSHSAA Music Rules which can be found on their website (<https://www.mshsaa.org/Activities/Info/SpiritActivities.aspx>).
- At competition, there will be time prior to the start of the session where coaches can try out the music. This will only be for testing purposes. Either a coach or a designated representative of your squad must start and stop the music.
- If playing from a phone, phone must be on airplane mode, do not disturb, and auto lock must be turned off. This is so there is no possibility of interrupting during the teams' performance.

Divisions

- There are **2** divisions; Performance Cheer and Cheer Dance
- Teams are **not** required to compete in both.

Practice Floor

- Each team will have 10 minutes on the practice floor in the commons. The team will then move into either the "in the hole" or the "on deck" positions.

Awards

- Plaques will be awarded for each category - 1st, 2nd, and 3rd place.