

# **Mary Institute Country Day School** **2018 Championship Invitational Swim Meet**

Dear Coaches and Athletic Directors,

This letter comes to you with information on our first ever MICDS Championship Invitational Swim Meet. We are looking forward to having your athletes compete in what we hope will become an annual event. Please read the following and if you have any questions, please contact us.

**When:**

Saturday, January 13, 2018

**Where:**

MICDS Stewart Aquatic Center, 101 North Warson Road 63124  
8 x 25 yd. 9' lanes and separate 25yd. 50 feet warm-up/warm down/diving well.

**Teams:**

Farmington, St. Joseph's Academy, Cape Central, MICDS, Lutheran-St. Charles, Washington, Villa Duchesne, Incarnate Word Academy, Visitation

**Entries:**

4 entries per individual event (including diving), 1 relay per team.  
Please enter times for each individual and each relay.

Please email your entries to:

[cmccrary@micds.org](mailto:cmccrary@micds.org)

**Entries are Due:** Friday, January 6, 2018

Please include times and names for all events, include relays and alternate on relays. Dive scores are not needed. **If you have Team Manager and can submit them in TM files please contact Chris McCrary. TM files would be greatly appreciated.**

**Scoring:**

Timed finals on all events. Championship Scoring will be used on all events. Team scores will be kept. There is no entry fee and no admission so there will be no individual medals or team trophies awarded this year.

We will use 5 judges total for diving.

**Rules:**

Championship meet rules will be used.

**Timers:**

Each school please have **two** people to help time at this event. We do have Colorado Timing Systems automatic timing but we still need back up timers. They will be using the plungers as a back-up system.

**Time Schedule:**

<b>Diving -</b>	warm-up	7:00 am
	Event (6 dive)	8:00 am
<b>Swimming -</b>	warm-up	10:00 am
	Events (timed finals)	11:00 am

**Warm-Up/Warm-Down:**

During the meet, your swimmers may warm-up/down in the 25 yd x 50 ft diving end of the pool.

**Team areas/locker rooms:**

Locker room/deck space is limited. Please have your athletes bring a bag and when they change into their suits, bring their clothes on deck to your team areas. Team areas will be assigned and we ask that you make certain that your athletes use the assigned areas. Thank you.

We are looking forward to a fast meet and are excited that your swimmers and divers will be able to compete in this first ever invitational in our new facility. If you have any questions please contact:

Kristen Kaiser  
[kkaiser@micds.org](mailto:kkaiser@micds.org)  
314-853-8575

or

Chris McCrary  
[cmccrary@micds.org](mailto:cmccrary@micds.org)