

Junior Cougar Running Schedule

6-8th graders

Every Monday and Wednesday starting June 3rd.

Meeteet at the Page Extension Bridge
parking lot at 8 am.

Follow us on twitter @LutheranXC_TF

Week 1- June 3 and June 5

Week 2- June 10 and June 12

Week 3- June 17 and June 17

Week 4- June 24 and June 26

Week 5- Dead week- Not meeting

Week 6- July 8 and July 10

Week 7 July 15 and July 17

Week 8 July 22 and July 24

Week 9 July 29 and July 31



