



2018 Boys COMO Invitational

Mizzou Aquatic Center

October 6th, 2018

Format:

7:30am	Doors open to Teams
7:45am	Access to the pool deck - Please remain in the spectator area until this time.
8:00-9:20am	Swimming Warm-ups 3 x 20-minute swim warm-ups, scheduled according to distance travelled. Last 20 minutes will be sprint/dive/pace lanes for all teams. Unlimited warm-up available in non-competition pool throughout meet.
9:10am	Coaches meeting.
9:30am	Swimming prelims. (We will run timed finals in the 500 freestyle with the last three seeded heats in the finals, all other heats will swim in prelims.)
3-4:00p	Warm-ups for swimming finals.
4-6:45p	Swimming Finals – Finals & Consolation Heat (scored) plus Bonus heat (does not score).

Events: Events will follow the same order of events as outlined in the NFHS Handbook.

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|-------------------------------|------------------------------|
| 1. 200 Yard Medley Relay | 7. 500 Yard Freestyle |
| 2. 200 Yard Freestyle | 8. 200 Yard Freestyle Relay |
| 3. 200 Yard Individual Medley | 9. 100 Yard Backstroke |
| 4. 50 Yard Freestyle | 10. 100 Yard Breaststroke |
| 5. 100 Yard Butterfly | 11. 400 Yard Freestyle Relay |
| 6. 100 Yard Freestyle | |

Diving:

9:00 am.	Diving Sheets are due - This will be an 11 Dive Meet
10:00 am-12:00 pm	Diving Warm-ups
12:15 pm-3:45 pm	Diving competition

Format: If there are more than 40 divers the following format is followed

1. After three rounds cut to 32 divers
2. After five rounds cut to 20 divers
3. After eight rounds cut to 16 divers

If fewer than 40 divers participate

1. After five rounds cut to 32 divers
2. After eight rounds cut to 16 divers

Scoring:

Individual:	20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
Relay:	40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

Entries: Teams are permitted 4 entries in individual events and 1 team in each relay event. An individual is permitted to enter and compete in a maximum of 4 events, no more than two of which may be individual events.

****Entries submitted should clearly identify which school your athletes are representing in both meet file title and subject heading of your email. In addition, please ensure entry files contain correct contact information****

500 Freestyle limited to Top 40 times. Fastest three heats will swim with Finals. If you are concerned that your swimmer may not make the cut, you may email Chris Hull with an alternate entry for that swimmer. **For reference, the 40th time for the past 3 Boy's Como Invites are as follows: 2017: 5:33.39, 2016: 5:49.26, 2015: 5:46.22. Based on these times, please use best judgment when entering your swimmers for this event.**

You may enter 4 divers. This will be an 11-dive meet. (Max 60 divers)

Entries will be limited to the first 450 swimmers (host teams not included). This will be a firm entry cutoff, (this does not include divers) **Teams that have confirmed attendance will take precedent for entering into the meet.**

If limit is not reached beforehand, the Entry Deadline is Friday September 28, 2018. (Send to Chris Hull).
****Hy-tek Meet Manager entries are greatly appreciated. No handwritten entries will be accepted. *Please ensure that your email will accept attachments, as your entries will be returned in PDF format for your confirmation.**

Please e-mail your entries to: Chris Hull, Meet Entries Chair
hullcr@missouri.edu
573-882-9739 (office)
573-884-2834 (fax)

Facility Access Everyone entering the Mizzou Aquatic Center for the meet should enter the Student Recreation Complex through the Southeast Entrance off Hitt Street Teams and coaches will access the pool deck by crossing the spectator area and coming down the stairs by the Diving Well. At no time should anyone climb over the wall from the spectator area to the pool deck or deck to spectator area! This is always an issue and the staff of the Mizzou Aquatic Center appreciates your assistance in stopping this before it starts. All individuals associated with the meet are restricted to the Competition Area of the pools and attached spaces, the locker rooms, The Aquatic Corridor, Aquatic Mezzanine overlooking the pools, the Spectator Area, and the Diving Well stairs.

Locker Rooms: Team changing areas are located on the east end of the 50M pool by the warm-up area. Both restrooms will be Designated as Men's rooms for the meet. The General Locker Room may also be used. This will also serve as the restroom for male coaches and officials.

Awards: Individual medals 1st-8th place. Relay medals 1st-3rd place.
Team trophies: 1st-3rd place.
Awards for each event during the finals session will be handed out immediately following the final heat for each event. The winning swimmer's/relay coach will be asked to present the medals to the top placing teams.

Results: Meet results will be available on the Meet Mobile phone app as well as posted in the facility.

Cost: \$325.00 checks should be made payable to Columbia Public Schools
\$200.00 for each additional team (i.e. "B" team or "JV" team)

Mail to:
JD Coffman, Athletic Director (entry fees)
Hickman High School
1104 North Providence Road
Columbia, Missouri 65203

Please write **COMO Swimming in the memo line of the check.**

Pool Space: For pool space arrangements please email events@mizzourec.com and cc Chris Hull at hullcr@missouri.edu. Pool space will be available for visiting teams Friday, immediately following the 2018 Show Me Showdown Meet from approximately 6:00-7:30 pm. Hourly rates for pool space rental as are follows (\$20 per lane + additional lifeguard fee). To best accommodate for requests, we would greatly appreciate knowing your team's arrival time and requests for pool space, prior to September 28th, 2018.

Teams: Battle, Belton, Blue Springs South, Camdenton, Cape Central, St. Joseph Central, CBC, Desmet, Eureka, Ft. Zumwalt West Hickman, Holt, Jackson, John Burroughs, Kearney, Ladue, Lee's Summit, Lee's Summit North, Lee's Summit West, Liberty, Liberty North, Lutheran St. Charles, Nevada, North Kansas City, Oak Park, Park Hill South, Pembroke Hill, Raymore-Peculiar, Rock Bridge, Rockhurst, Smithville, St. Louis University, Staley, Webb City, Winnetonka

Parking: General parking will be in the Virginia Avenue Garage across Hitt Street from the Student Recreation Complex. Everyone will enter the Student Recreation Complex and Mizzou Aquatic Complex from the Hitt Street entrance and then through the glass doors into the Aquatic Mezzanine overlooking the competition area. No vehicle may stop in the crosswalk at the top of Hitt Street to unload. Vehicles may not block the crosswalk.

Buses must not park in the crosswalk for drop-off or pick-up. Buses must move away from and off Hitt Street after dropping off coaches and athletes. Please inform the drivers of this and help keep the street clear. Bus Parking is available in surface lot CG-1 along College Avenue. Please see the map link below.
<http://umcspage.missouri.edu/muparking/default.aspx>

Media Info: Media must submit a media request 24 hour in advance at the following site:
<http://www.mizzourec.com/about/media-access/>

Mizzou Aquatic Center Statement of Sportsmanship:

Coaches and student-athletes of visiting institutions and organizations, as well as individuals employed by or associated with that institution, including alumni, fans, patrons and boosters, shall conduct themselves with honesty and good sportsmanship. Unacceptable behavior including tampering, vandalism, or destruction of Mizzou Aquatic Center, Mizzou Rec, or University of Missouri property, physical or verbal abuse, or refusal to follow instructions given by Mizzou Rec staff will result in disciplinary action, reimbursement for damages, and/or potential suspension from the facilities and programs. Anyone asked to leave by the staff will not be refunded any paid charges.

Price of admissions:

Adults: \$5
Students: \$3
Heat Sheets: \$3 includes both prelims and finals

Contacts:

Taylor Birsa, Head Coach,
tbirsa@cpsk12.org
815-931-1121

Chris Hull, Meet Director
huller@missouri.edu
573-882-9739

Chris Seris, Aquatics Director
serisc@missouri.edu
573-882-9004