



YOUTH SPORTS INJURY SEMINAR

TUESDAY, MARCH 13TH
7:00 PM - 8:30 PM
THE LODGE DES PERES



Mid County Orthopaedic Surgery & Sports Medicine and The Arthritis Foundation of Missouri are offering a free community education event on student athlete sports injuries. Three Mid County orthopedic specialists will discuss common sports related injuries of the hand, knee, and hip.

DURING THIS SEMINAR:

- David Strege, MD will present on hand and wrist injuries including the myths of jammed fingers. Dr. Strege is a fellowship-trained hand specialist and board-certified orthopedic surgeon.
- Scott Zehnder, MD will discuss common hip and knee injuries he sees in young athletes and ways to prevent reinjury. Dr. Zehnder is a sports medicine focused board-certified orthopedic surgeon.
- David Anderson, MD will focus on sports related overuse injuries and fractures. Dr. Anderson is a board-certified pediatric orthopedic surgeon.

WHAT PARENTS
OF ATHLETES
NEED TO KNOW

HELPING ATHLETES GET BACK IN THE GAME

The physicians of Mid County Orthopaedic Surgery & Sports Medicine are trained in the comprehensive medical and surgical care of sports-related injuries and conditions. The group offers injury evaluation, injury prevention and orthopedic surgery, including minimally invasive options.

REGISTER AT: SPORTS_INJURY_SEMINAR.EVENTBRITE.COM

